

LORD'S PRAYER

LUTHER'S MORNING PRAYER: I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me that the Evil Foe may have no power over me. **AMEN.**

OR

LUTHER'S EVENING PRAYER: I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have graciously kept me this day; and I pray that You would forgive me all my sins where I have done wrong, and graciously keep me this night. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the Evil Foe may have no power over me. **AMEN.**

LARGE CATECHISM

Sacrament of the Altar

Then take advice and have others pray for you, and do not desist until the stone be removed from your heart. 84 Then, indeed, the distress will not fail to become manifest, and you will find that you have sunk twice as deep as any other poor sinner, and are much more in need of the Sacrament against the misery which unfortunately you do not see, so that, with the grace of God, you may feel it more and become the more hungry for the Sacrament. especially since the devil plies his force against you, and lies in wait for you without ceasing to seize and destroy you, soul and body, so that you are not safe from him one hour. How soon can he have brought you suddenly into misery and distress when you least expect it!

85 Let this, then, be said for exhortation, not only for those of us who are old and grown, but also for the young people, who ought to be

brought up in the Christian doctrine and understanding. For thereby the Ten Commandments, the Creed, and the Lord's Prayer might be the more easily inculcated to our youth, so that they would receive them with pleasure and earnestness, and thus would practise them from their youth and accustom themselves to them. 86 For the old are now well-nigh done for, so that these and other things cannot be attained, unless we train the people who are to come after us and succeed us in our office and work, in order that they also may bring up their children successfully, that the Word of God and the Christian Church may be preserved. 87 Therefore let every father of a family know that it is his duty, by the injunction and command of God, to teach these things to his children, or have them learn what they ought to know. For since they are baptized and received into the Christian Church, they should also enjoy this communion of the Sacrament, in order that they may serve us and be useful to us; for they must all indeed help us to believe, love, pray, and fight against the devil.

(Source: <https://bookofconcord.org/large-catechism/sacrament-of-the-altar/#lc-v-0083>)